

LUNCH MENU

JUNIOR WEEK 2

MONDAY

Mexican Bar

Chilli pork with peppers and carrots

Mexican Bar

Five bean chilli with roasted butternut

Sides

Steamed rice
Corn on the cob
Green beans
Nachos / Pea mole

Keeping it simple bar

Pasta & Jacket Bar
(gluten)

Dessert

Fruit & natural yoghurt
(dairy)

TUESDAY

Dish of the day

Beef Bourguignon

Vegetarian dish of the day

Root vegetable stew with white beans

Sides

Crushed Potatoes
Braised Red Cabbage (sulphites)
Broccoli

Keeping it simple bar

Pasta & Jacket Bar
(gluten)

Dessert

Fruit & natural yoghurt
(dairy)

WEDNESDAY

Dish of the day

Chicken chow mein with beansprouts and peppers
(gluten, soya)

Vegetarian dish of the day

Tofu Chow mein with beansprouts and peppers (gluten, soya)

Side

Soy and ginger noodles
(gluten, dairy)
Stir-fry Veggies
Chilli Courgettes
Prawn crackers (crustaceans)

Keeping it simple bar

Pasta & Jacket Bar
(gluten)

Dessert

Fruit & natural yoghurt
(dairy)

THURSDAY

Dish of the day

Sausage & Pepper Pasta Bake
(gluten, sulphites) (may contain dairy, soya, mustard, celery)

Vegetarian dish of the day

Vegetable & lentil Lasagne
(gluten, dairy)

Sides

Roasted Aubergine
Roasted carrots
Garlic Bread (gluten)

Keeping it simple bar

Pasta & Jacket Bar
(gluten)

Dessert

Fruit & natural yoghurt
(dairy)

FRIDAY

Chip Shop

Jumbo fish finger (gluten, fish)

Homemade Tartar Sauce
(mustard)

Vegetarian dish of The day

Mushroom & halloumi burger
(gluten, dairy)

Sides

Chips
Mushy Peas
Baked Beans
Curry Sauce

Keeping it simple bar

Pasta & Jacket Bar
(gluten)

Desserts

Fruit & natural yoghurt
(dairy)

For allergen information, please ask a member of the team.