

# LUNCH MENU JUNIOR WEEK 1

## MONDAY

### **Dish of the day**

Beef & lentil Bolognese with Penne  
(gluten)

### **Vegetarian dish of the day**

Creamy Tomato Pesto Gnocchi  
(gluten, dairy, egg)

### **Sides**

Garlic Bread (gluten)  
Ceasar Salad (dairy, gluten)  
Garlic Butter Beans

### **Keeping it simple bar**

Pasta & Tomato Sauce  
(gluten)

### **Dessert**

Fruit and yoghurt

## TUESDAY

### **Dish of the day**

Sweet & Sour Chicken

### **Vegetarian dish of the day**

Tofu & Broccoli In Black Bean Sauce (gluten, soya)

### **Sides**

Shop Suey Noodle (gluten, egg)  
Coconut Rice & Peas  
Stir Fry Greens (soy)

### **Keeping it simple bar**

Pasta & Tomato Sauce  
(gluten)

### **Dessert**

Fruit and yoghurt

## WEDNESDAY

### **Dish of the day**

Roast Gammon  
Parsley Sauce  
(dairy)

### **Vegetarian dish of the day**

Leek, Squash & Cheese Pie  
(gluten, dairy)

### **Sides**

Buttered New Potatoes  
Fine Beans  
Glazed carrots

### **Keeping it simple bar**

Pasta & Tomato Sauce  
(gluten)

### **Dessert**

Fruit and yoghurt

## THURSDAY

### **Dish of the day**

Tandoori Chicken Slider, Smashed chickpea & Spinach  
(gluten)

### **Vegetarian dish of the day**

Cauliflower Bhaji , Pineapple salsa (gluten)

### **Sides**

Bombay Potatoes  
Mango Street Slaw

### **Keeping it simple bar**

Pasta & Tomato Sauce  
(gluten)

### **Dessert**

Fruit and yoghurt

## FRIDAY

### **Chip Shop**

Battered cod (fish)  
Homemade Tartar Sauce  
(mustard)

### **Vegetarian dish of the day**

Falafel Wrap , Hummus & Pickled Cabbage (gluten, sulphites)

### **Sides**

Chips  
Baked Beans

### **Keeping it simple bar**

Pasta & Tomato Sauce  
(gluten)

### **Dessert**

Fruit and yoghurt

For allergen information, please ask a member of the team.